

VESTERHEIM NEWS



Eriks Hjørne - Erik's Corner

Hi everyone and welcome to the NEWSletter.

I hope you enjoyed the pizza in January! Thanks to everyone who came out. The Board has been hard at work planning our budget for 2024. We always try to break even every year. Some years we gain some, other years we lose some. Our main expense items include renting our meeting space (we get a very favorable rate for the year), meeting programs, and food. This year, we are also celebrating Vesterheim Lodge being 45 years! For income, we rely heavily on the Midsummer Festival in Estes Park in June and the Christmas Fair at the Trollheim Lodge in Denver in November. At both those events, we can never (and I really mean never) have enough baked goods, we always sell out. If you would like to help the lodge and you like baking, this is where we would really appreciate your contribution. More info will of course be shared as we get closer the events.

Speaking of events, we are looking for a few volunteers to help us plan our anniversary celebration this summer. An email with more details has already been sent out, but please reach out if you have any questions, or would like to be on the committee.

I also hope that you will consider joining us for our Jay Rd clean-up in May. Yes, we will be doing our small part to keeping Boulder clean, but more importantly we will be honoring Lynne Anderson. Lynne has been involved with the Lodge since long before I joined, but during my time she has played the piano at meetings, kept and stored the inventory of all our festival supplies, and organized our road clean-up every spring and fall. I am still working out the details, but I hope to plant a memorial tree in her honor along the stretch of Jay Rd that we sponsor.

Hei alle sammen og velkommen til NYhetsbrevet.

Jeg håper du likte pizzaen i januar! Takk til alle som var der. Styret har jobbet hardt med å planlegge budsjettet vårt for 2024. Vi prøver alltid å gå i balanse hvert år. Noen år går vi i pluss, andre år i minus. Våre største utgiftsposter inkluderer leie av møtelokaler (vi får en svært gunstig pris for året), møteprogrammer og mat. I år feirer vi også at Vesterheim Lodge fyller 45 år! Til inntekt er vi avhengige av Midtsommerfestivalen i Estes Park i juni og julemessen på Trollheim Lodge i Denver i november. På begge disse arrangementene kan vi aldri (og jeg mener virkelig aldri) ha nok bakevarer til salgs. Hvis du har lyst til å hjelpe til og liker å bake, er det her vi setter stor pris på ditt bidrag. Mer info vil selvfølgelig bli delt når vi nærmer oss arrangementene.

Apropos arrangementer, så ser vi etter noen få frivillige til å hjelpe oss med å planlegge jubileumsfeiringen vår i sommer. En e-post med flere detaljer er allerede sendt ut, men ta kontakt dersom du har spørsmål eller ønsker å være med i komiteen.

Jeg håper også at du vil vurdere å bli med oss på Jay Rd-oppryddingen vår i mai. Ja, vi vil gjøre vår lille del for å holde Boulder ren, men enda viktigere vil vi hedre Lynne Anderson. Lynne har vært involvert med Vesterheim lenge før jeg ble medlem, men i løpet av tiden min har hun spilt piano på møter, oppbevart og lagret inventaret av alle festivalmaterielle våre, og organisert veioppryddingen vår hver vår og høst. Jeg jobber fortsatt med detaljene, men jeg håper å plante et minnetre til hennes ære langs strekningen av Jay Rd som vi sponser.

CALENDAR OF EVENTS

March - April

Date		Scheduled Event
March 11	Mon 1-4	Håndarbeider - at the home of Lori McLean (see p. 5)
March 6	Wed 7:30	Vesterheim Board Meeting - Contact Erik for Zoom link at eriksirnes@hotmail.com. Meeting is open to all members.
March 21	Thurs 1-3	Book Club: The Ice Palace by Tarjei Vesaas. (see p. 3)
March 23	Sat 2-4	General Meeting: Atonement Lutheran Church, 685 Inca Pkwy, Boulder, CO (see p. 8)
April 8	Mon 1-4	Håndarbeider - at the home of Unni Karpell (see p. 5)
April 3	Wed 7:30	Vesterheim Board Meeting - Contact Erik for Zoom link at eriksirnes@hotmail.com. Meeting is open to all members.
April 18	Thurs 1-3	Book Club: The Wonderful Adventures of Nils by Selma Lagerlöf (see p. 3)
April 26	Fri 7-9	General Meeting: Atonement Lutheran Church, 685 Inca Pkwy, Boulder, CO

VESTERHEIM LODGE 6-118 OFFICERS AND CHAIRPERSONS 2024

**President - Erik Sirnes*
**Vice Pres. - Erling Westgaard*
**Secretary - Cathy Allen*
**Asst. Sec - Esther Mills*
**Membership - Rhonda Fadum*
**Treasurer - Erik Sirnes*
Auditor Lori McLean
**Counselor - Garry Gorsuch*
Cultural Dir. - OPEN
**Editor - John Kennedy*
Greeters - Addy Martinez
 - Ole Fadum
 - Joan Cleland

Historian - John Kennedy
Marshalls - OPEN
Musician - Caryl Stalick
Road Cleanup - OPEN
Social Dir. - Lori McLean
Sunshine - Cheryle Kapsak
Trustee - OPEN
Youth/Sports - Erik Sirnes
Website - Cathy Allen
** Indicates Voting Board Members*

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Bok Klubb - Book Club

Book selection for March 2024:

The Ice Palace by Tarjei Vesaas.

Meeting will be at Kathy Erickson's
1:00-3:00 (kaerickcolo@aol.com)

A frozen waterfall in the Norwegian fjords transformed into a fantastic structure of translucent walls, sparkling towers and secret chambers. This fascinates two young girls who go exploring this fantastic ice palace and strike up a close friendship. When Unn decides to explore alone and does not return, Siss must try to cope with the loss of her friend without succumbing to a frozen world of her own making.

Tarjei Vesaas; (1897-1970) was a Norwegian poet and novelist; he is widely considered to be one of Norway's greatest writers of the twentieth century and perhaps its most important since World War II. He was nominated for the Nobel Prize in literature 57 times. He was writing in "Ny-Norsk"

Here is a new photo feature entitled "Where's Tove" and hopefully it will be both entertaining and instructive as we tour Norway and the wider Norwegian world through pictures. (Your personal, iconic pictures are welcomed for inclusion.)

Answer in the next edition!

Vesterheim Book Selection April 2024:

The Wonderful Adventures of Nils by
Selma Lagerlöf -

Meeting will be at Kathy Erickson's
1:00-3:00 (kaerickcolo@aol.com)

(According to MuggleNet book review)

"In 1909 Selma Lagerlöf became the first woman to win a Nobel Prize for Literature. Three years earlier, she wrote this delicious book that weaves true lessons of history, geography, and wildlife of Sweden into folk tale. It is sometimes exciting, suspenseful, and scary. Other times it is witty or silly.

This book has breathtaking beauty, and a main character whose growth from a selfish twit to a sympathetic hero is heartwarming to behold.

Nils plays a dirty trick on an elf that lives on the farm and the elf retaliates by turning Nils into an elf himself. "

And thus, the story begins.



Det Norske Kjøkken - Norwegian Cuisine



Fransk Løksuppe - French Onion Soup

- 1 3/4 pound thinly sliced yellow onions
- 3 tbsp unsalted butter
- 1 tbsp sugar
- 2 quarts beef stock
- 3/4 tsp salt
- 1/2 tsp thyme
- 1/2 tsp pepper
- 1/4 cup cognac
- 8 thick slices of French bread, toasted
- 3/4 lbs of thickly grated cheese (gruyere)

Cut onions thinly, cook in melted butter and sugar until lightly grilled but not brown. Cover with stock, adding seasonings. Cover and cook for approximately one hour.

Add cognac. Place a layer of toasted bread slices and cover with grated cheese on the top of the soup. Set the pot in the oven under the grill, or a hot heat, until the bread has absorbed the soup stock and the cheese is melted.

Serve warm from the pot. Set a bowl with extra grated cheese on the table.

Gratulerer med dagen - Happy Birthday



Kathy Grant-Edgerton 3/8

Joyce Farrell 3/9

Victor Magnusson 3/21

William Skarstad 3/23

Nina Donahue 4/6

Ellen Chelesvig 4/9

Scott Bakke 4/19

Julie Horan 4/20

Arla Olson 4/22

Rhonda Fadum 4/24

Norwegian Genealogy

There are two classes each month. Fjellaldalen Lodge meets by zoom on the first Saturday of each month 9:30-12:00.

Trollheim Lodge meets in-person on the second Saturday of each month from 10-12:00.

If you are interested in looking for your Norwegian ancestors and would like more information about either class, contact Esther Mills.

Millser2@msn.com.



Håndarbeid og Håndverk

WHAT? Women's gathering - work on a craft, knitting, hand sewing, mending etc. All are welcome!

The host provides a refreshment, usually coffee and a dessert.

WHEN? March 11, 1-4

WHERE? Lori McLean's

WHEN? APRIL 8, 1-4 pm

WHERE: Unni Karpell's
RSVP to Unni at 303-425-6986
unnikarpell@gmail.com
8422 Dover Court, Arvada



September 19, 1945 - January 15, 2024

Lynne Marie Anderson was unexpectedly called to heaven to be by her Lord and Savior, Jesus Christ on the morning of Monday, January 15, 2024.

Lynne was a past president of our lodge noted for her fun, gracious, and humble ways. Lynne was passionate and engaged in many organizations, non-profits, and boards throughout her life until her last breath. Her other passions included hiking, exploring nature, music, games, and puzzles, reading, traveling and all things Scandinavian.

Our condolences to her husband, Dave, and their family. For a more complete obituary cut and paste the following link:

<https://www.legacy.com/us/obituaries/name/lynne-anderson-obituary?id=54140936>



***Men
Making***



***Pizza
January 2024***



*You're invited to our
Scandinavian Winter
Tea*

*Fjellheim Lodge - Sons of Norway
1045 Ford Street
Colorado Springs, CO
Saturday March 16, 2024
At 2:00 PM
\$25 per person*

RSVP Required and Space is Limited
Contact Kathie @719-229-9289

Make checks payable to: Sons of Norway
Send checks to: Kathie Godsil
4415 Flat Top Place
Colorado Springs, CO 80923

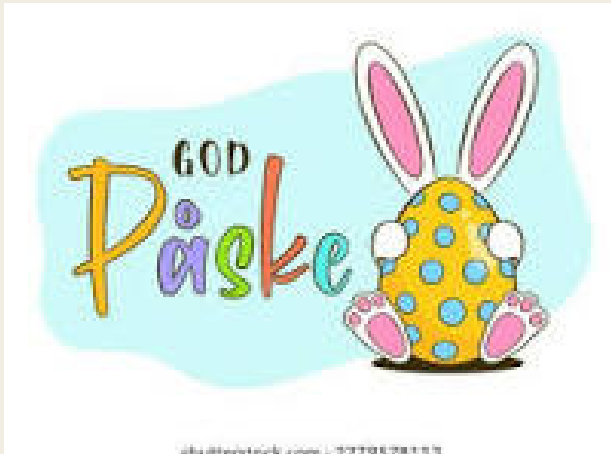


Some exciting updates for ScanFest this year:

New Location: Parfait Park, Golden, CO
New Dates: June 14-16, 2024 (one week earlier than usual)



The Scandinavian Midsummer Festival is moving to Golden! It will be held at Parfet Park, June 14 - 16, 2024. The new location will have more space, better layout, better infrastructure, more parking, and ease-of-access improvements with public transportation.



Easter is on March 31 this year. Depending on your religious affiliation, that can be your only day of observance. Others observe the season of Lent, Ash Wednesday, and Good Friday. For most of us, that is the extent of the observance. Norway, on the other hand turns it into a megavacation.

Of course, there are the holy days of

- Palm Sunday (Palmesøndag) March 24
- Maundy Thursday (Skjærtorsdag) March 28
- Good Friday (Langfredag) March 29
- Between Good Friday and Easter (Påskeaften) March 30
- Easter (Første påskedag) March 31
- Second Easter (Andre påskedag) April 1

For most Norwegians, it is a time to ski, hike, and enjoy the outdoors and family. To accomplish that, the government provides encouragement by closing schools (*skolens påskeferie*) and gives workers ten days off work. Most stores are closed.

Viking Cities in Ireland

It's March! It's St. Patrick's Day. Let's talk about Viking Cities in Ireland!

Do you know when Vikings first came to Ireland? How many Irish cities can you name? Which cities have you visited? Come learn about the Viking history of major Irish cities.

Allan is of Irish descent, Esther is of Norwegian descent and we have visited Ireland and Viking cities many times. We'll tell you not only about the Viking Irish cities but the change that has come to Ireland regarding their Viking visitors.

Refreshments will feature Irish fare: Corned Beef and veggies [and alternatives for non corned beef lovers].

Meeting Saturday March 23 from 2-4pm Atonement Lutheran Church.

Presentation by lodge members, Allan Service and Esther Mills

There will be a sign up sheet at the February meeting asking people to prepare corned beef/cabbage at home and bring as a potluck dish. All information regarding costs will be included on the sign up sheet.



A Brief History of the Sons of Norway

The formation of the Sons of Norway as a fraternal benefits society came as the result of several historic events in 19th century America—an intense period of Norwegian emigration to the Upper Midwest in the 1870s and 1880s, the rise of fraternal organizations to address the economic needs of members, and the onset of the economic depression of 1893. The Norwegian immigrants founding the organization created a merger of a love for their homeland, a fierce loyalty to their new country, and the desire for a degree of financial security for themselves and fellow Norwegian-Americans.

Driven to find solutions to the financial problems many Norwegian-American families faced, the founders looked to their homeland for answers and designed a mutual assistance organization to provide members with security against financial crisis, a forum to celebrate Norwegian-American nationalism, and a means to preserve the treasured literature, music, art, foods and customs of Norway. (from sofn.com)

Today Sons of Norway offers a wide variety of insurance products for your family's personal needs. Additionally, as a 501(c)(3), the SofN Foundation has stayed true to its founding charter to support members through scholarships and cultural exchange opportunities while providing disaster relief to members in need.

45th

Our lodge is celebrating 45 years this year and we are looking for a few party planners in the Lodge to help us coordinate the celebration. You will be joined by at least one Board member to help with the following:

- Identify 3-4 potential options / locations, considering number of guests (~50), where our members live, physical access, dietary restrictions (if the party includes food)
- Put together a budget, including options for Lodge funding and Participant out of pocket cost
 - Present options to Board
 - Craft electronic invitations / email
 - Host party!

We are looking forward to working with you to plan this achievement for our Lodge.



*SONS OF NORWAY
VESTERHEIM LODGE
Editor
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Superior, CO 80027*

